

# 2015

# Summer Camp Information and Handbook



## Bossier City

5302 Barksdale Blvd.  
752-2221

## Haughton

1040 Bellevue Rd.  
949-5675

## Minden

1126 Homer Rd.  
377-9009

# Summer Camp Overview

Thank you for your interest in Pak's Karate Academy's Summer Camp program. First and foremost, we are a martial arts school...not a daycare.

Therefore all of our camps are tailored to make sure that your child's experience with us is not only exciting, educational, and safe, but is empowering and enlightening as well.

Campers will get the opportunity to learn a variety of skills ranging from Survivor skills, to the ancient art of the Samurai sword, to Movie stunt acting and much more. There will be two class sessions scheduled for most days. Session 1 will consist of training in the special theme of the week. Session 2 will consist of training required to learn skills and techniques to promote in the Martial Art of Tang Soo Do. Session 2 classes will end at 5:30 PM each day and students will be free to leave with their parents after that time. The camp day ends at 6:00 PM each day and parents should make arrangements to have their child picked up by that time.

During the week, your child will be transported to a variety of field trips that include skating, swimming, movies, and a specialty trip each week. Activities during the specialty trips revolve around our theme of the week. Trips include Gator & Friends, In the Zone, Party Central, ArtSpace, and many others. Check our weekly description to see where your child will be on field trips.

To sign up for camp, please call the school and schedule an appointment with the receptionist to discuss your child's enrollment and complete the registration paperwork. We are extremely limited on space so be sure to get your spot reserved early!!

We look forward to providing your children with the most rewarding experience of their lives.

—Master Charles and Heidi Chapman

# Theme Descriptions

Date of Camp	Camp Theme
May 26—29	Ultimate Fighting Camp
June 1—5	Jackie Chan's Movie Stunt Camp
June 8—12	Mission Impossible: Black Belt Edition
June 15—19	Superhero: Marvel vs. D.C.
June 22—26	Xtreme Weapons Camp
June 29— July 3	The Kung Fu Panda Experience
July 6—10	Survivor Training Camp
July 13—17	Star Wars: Jedi Training
July 20—24	Legends of the Hidden Temple
July 27—31	Video Gamers Fan camp
Aug 3—7	"Mystery" Camp

# Field Trip Schedule

<u>Day</u>	<u>Activity</u>	<u>Location</u>
Monday	"At Karate" activity	
Tuesday	Movies	Regal Cinema
Wednesday	"At Karate" activity	
Thursday	Specialty Field Trip	
Friday	Swimming/Skating	

**\*\*\* Please note that field trips, class and activities are subject to change due to weather or scheduling\*\*\***

## **ULTIMATE FIGHTING CAMP**



### This weeks field trip

Scheduled trip to Hot Wheels skating, Mike Woods Park & Sciport

### Special Items of Interest

This week you may wear t-shirts and shorts to grapple in

# May 26-29

In this week, we offer our campers an opportunity to experience something truly unique. Usually you need to be enrolled in Sensei Garrett's class to experience judo or MMA but we will offer it to all of our campers for this week only. In this class, students will learn how to fall correctly, will learn some basic throws and take downs as well as self-defense moves. Basic mounts, submissions, & grappling will also be included with this class as well a trip to the cage!

To make many of the biggest movies appear real and believable, studios rely on stunt

actors. During our movie stunt camp, students will learn how to choreograph and perform scenes from a script that will be presented to them. The campers are encouraged to interact with the director and make input suggestions. This camp will promote creativity and performance levels while allowing the students to become "movie stars".

### This weeks field trip

Scheduled trips to Gators and Friends and Swimming

### Special Items of Interest

Be prepared and eat a good Breakfast!

# June 1-5

## **MOVIE STUNT CAMP**



# Jackie Chan

MOVIE STUNT CAMP

## **MISSION IMPOSSIBLE BLACK BELT EDITION**



### This weeks field trip

Scheduled trip to Hot Wheels skating & BAFB Bowling Alley

### Special Items of Interest

Items made in class this week will

# June 8-12

Spies are everywhere but their greatest asset is their ability to blend in or just disappear. With MI: Black Belt Edition, campers will be split into teams and given a mission to complete during the week. Many of the tasks will require them to use their martial arts skills. However, there are some parts of the mission that will rely on teamwork, cunning, perseverance and of course, spy gear.

Every child dreams of being a superhero and having wondrous powers. In this camp, students will get the choice of being the superhero of their dreams or just creating their own. They will battle villains, team up with sidekicks, create their own costume, and more. Campers will design their vehicles, alter egos, and secret hiding places. Just be sure not to ask them who they are behind the mask...they may never tell!

# June 15-19

### This weeks field trip

Scheduled trips to Kiddie Mia's in Shreveport and Swimming

### Special Items of Interest

Campers may be asked to bring items from home to complete costumes

## **SUPERHEROES: MARVEL VS. DC**



## June 22-26

Normally reserved for Black Belt Club and Advanced Black Belt Club members only, our Xtreme Weapons camp goes way beyond the ordinary to show our campers what those weapons they see in movies and video games really do. We will show the students how to use and care for the weapon as well as some skills that they can practice and show off at home. For those ambitious enough to try it after camp, all of the weapons used in the series will be available for purchase.

## EXTREME WEAPONS



This weeks field trip  
Scheduled trips Hot Wheels skating & Safety Town  
Special Items of Interest  
Weapons used in camp will be available for purchase

This weeks field trip  
Scheduled trips to & In The Zone in Shreveport and Swimming  
Special Items of Interest  
Ninja Equipment will be available for purchase

## KUNG FU PANDA EXPERIENCE



Are you full of awesomeness like Po? Do you have the wisdom of Master Shifu, the courage of Master Tigress, the humor of Master Monkey, the speed of Master Viper, the strength of Master Mantis, or the patience of Master Crane? In this camp, the students will belong to a team lead by Po or one of the Furious Five. They will learn the basics of Tai Chi, the art of Chinese brush painting, the deadliness of the Chinese weapons and, of course, some Kung Fu. Be sure to grab some dumplings and join in!

## June 29-July 3

## **SURVIVOR CAMP**



### This weeks field trip

Scheduled trip to Hot Wheels skating and Party Central

### Special Items of Interest

Campers may be asked to bring items from home to complete tasks

## **July 6-10**

In this week of the most amazing camp ever, the campers will be able to experience the different obstacles that one would see on the TV reality show "Survivor".

While no one will be voted off this island, the campers will have to rely on teamwork and cunning if they want to survive. From plane crashes and attacking pigmies, to poisoned rivers and blinded teammates, this is one camp that you don't want to miss!

Are you ready, young padawan, to experience the full power of the Force? During this camp, future Jedi warriors will be training in the physical fitness, the mental challenges, and the solid skills that they will need to possess to move on to Jedi Master. We will be learning the skills of iaido, or martial arts sword fighting. Basic footwork, stances, striking, blocking, and sparring will all be included. Future Jedi warriors will also be designing and creating their own light sabers.

## **July 13-17**

### This weeks field trip

Scheduled trip to BAFB Bowling and Swimming

### Special Items of Interest

Light sabers used in camp will be available for purchase

## **JEDI TRAINING**

# **STAR WARS**

### **JEDI TRAINING CAMP**





# July 20-24

As you slowly look around to see what that noise was you notice that the eyes of the huge Mayan idol are strangely glowing. Like a shot from a cannon, you sprint off with the treasure...but can you make it out of the temple alive? Based on Nickelodeon's hit series, called a "cross between Jeopardy and Indiana Jones", this camp will keep students on their toes as they navigate obstacle courses and mazes relying on their wits and martial arts skills to get them through.

## LEGENDS OF THE HIDDEN TEMPLE



This weeks field trip  
Scheduled trip to Hot Wheels skating & ArtSpace in Shreveport

Special Items of Interest  
Bring your "A" game to this hot competition!

This weeks field trip  
Scheduled trip to North Bossier Park and a Pizza Party/Movie at the school  
Special Items of Interest  
Prepare for the unexpected!!.

Just when you think that you have conquered the Piggies, sliced more fruit than can possible fit into a fruit bowl, or dodged more barrels than Donkey Kong himself, this camp will take you to a whole 'nother level. Based on some of the most popular video games currently on the market, campers will use the skills honed by many years of hand-eye coordination to complete the levels in their games and move on to the final challenge!!

## VIDEO GAMERS FAN CAMP



# July 27-31



**MYSTERY WEEK**

**Aug 3-7**



Are you adventurous? Do you like surprises? Are you “up for whatever”? Then don’t miss our **Mystery Week!** Something unique and different each day for our final week of camp. Make sure you bring sports shoes and socks every day—you never know what we might be doing or where we might go.

**Have a great  
summer!!**



# 2015 Camp Tuition

***\*\*Please note that at this time we only offer full day summer camps and not half day summer camps. We do offer the option of attending single days. However, students will not get the full benefits that can be achieved by attending every day if they attend partial weeks.***

## **Registration Fees**

***New students (\$99)*** - includes required Martial Arts uniform with belt, Federation patches, summer camp shirt, ID card, school handbook

***Current students (\$20)*** - includes summer camp shirt

## **Summer Camp Tuition:**

**\$150.00 per week for Summer only or special program students**

**\$110.00 per week for Black Belt Club and Evening program students**

**\$50.00 per day (daily rate)**

**NOTE: A \$25 per week non-refundable deposit is required for each week enrolled at the time of registration**

**\*\* Family discounts are available—ask for details**

Prices include Martial Arts classes, field trips fees, transportation, arts & crafts, and other camp supplies

Camp participants must bring their own lunch/snacks. Additional snacks are available for purchase. **LUNCH CANNOT BE PROVIDED BY SCHOOL.**

Payments must be made regardless of attendance unless canceled **PRIOR** to the start of the week. No refunds and no rollovers will be issued after the start of camp.

# Camp Policies

## General Information

- Camp opens at 7:00 AM. Special arrangements must be made with our camp staff if children need to be dropped off before this. Students may be dropped off anytime between 7:00 AM and 8:30 AM
- Campers need to arrive before this time or you will need to call to make sure that we are not on a field trip.
- The 1st karate class begins at 9:30 AM. All campers must be present at this time.  
**Students must attend both the morning and the afternoon classes.** We are a martial arts school, first and foremost, not a daycare!
- Students must be dressed in full uniform including belt for classes every day. It would be a good idea to purchase a second uniform and rotate out for washing. Equipment bags may be stored in the school for students attending 7 weeks or more. Students may wear street clothes to the school and then change into their uniforms.
- Students **must bring a lunch and snacks every day** as we cannot provide meals. We do have a snack bar for those who wish to purchase snacks. If you wish, campers may set up an account for the parents to put money into for the snack bar.

Chips, candy, chocolate bars, cookies	1.00
Slim jims	1.00
Bottle water, soft drinks, sm Gatorade	1.00
Large Gatorade	2.00
- Please label everything! Uniform tops should have name on lapel, please put your child's name on the pants label and belt. Lunch boxes, snacks, and any items brought into the school (such as gameboys, books, etc.) are the child's responsibility and should be labeled. **WE ARE NOT RESPONSIBLE FOR LOST OR MISSING ITEMS!!**
- Campers may wear their Pak's Karate Camp shirt every day but are **required** to wear them on our big field trip day (Thursdays). Extra shirts may be purchased for \$15. Do not wear camp shirts in the pool as they can get ruined from the chlorine. Shoes and socks must be worn every day. **NO HEELEYS OR OPEN TOED SHOES!!**
- Bring a towel and bathing suit on swimming days. Students may wear their suits under their uniform. Bring a change of clothing each day in case of accidents.
- Extra money will not be needed except for snacks or if you wish your child to purchase toys or souvenirs on field trips. You will be notified in advance of any extra money that may be needed.

## Pick Up Policy

- Pick up time is 6:00 PM with a grace period of 15 minutes. Beginning promptly at 6:16 PM (school clock time) a late pick up fee of \$5.00 per every 15 minute increment will be due upon pick up. **NO EXCEPTIONS, NO EXCUSES!**

# Camp Policies

## Attendance and Enrollment Policy

- Due to the limited space available in the camp program, students must register for each week they plan on attending. Payment arrangements will be set up at this time. Deposits paid for each week scheduled are non-refundable.
- Students must be at the school in time for classes or to ride the bus to scheduled activities. As a general rule, campers should be at the school no later than 8:30 AM each day so that they can be ready for class or any scheduled field trips. We cannot return to the school to pick up any late arrivers due to the tight time schedules we maintain.

## Discipline policy

- In order to ensure the safety of our students, we have adopted the following discipline policies
  1. Students are expected to be respectful and mindful at all times. Disrespect to any staff member will not be tolerated under any circumstances.
  2. After the first incident, the student will be reminded of the rules of camp and given a chance to change their behavior.
  3. After the second incident, the student will be given a time out and/or restricted from participating in special activities in camp for the day
  4. After the third incident, the student will be required to call their parents and inform them of their behavior. Parent's may be asked to pick up their child for failure to comply with the rules of the camp.
  5. Continued disregard for camp policies and/or continued behavior problems may result in the student being suspended from camp for a period of time as determined by Master Chapman. THERE WILL BE NO REFUNDS OFFERED FOR STUDENTS WHO ARE SUSPENDED OR EXPELLED FROM CAMP.

## Medication Policy

- Prescription medication is not permitted to be administered by Camp Staff. All medications must be given before or after camp. If your child takes medication for concentration during the school year, the child must continue to take the medication during camp unless a release is given by your child's physician. Due to the weapons training classes and the activities scheduled on field trips, students must be able to focus and follow directions. This will greatly assist the staff and enhance your child's learning experience in camp.

## Open Door Policy

Pak's Karate welcomes your child to our Summer Camp and we hope that your child will reach all of the goals that are set this summer. If needed, our staff is always available for meeting or consultation. Please let us know how we may better serve you.