

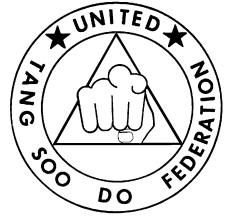


Pak's Karate Academy

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9 Points of Consideration When Choosing A Martial Arts School

1. Positive Reinforcement

It is proven, that by correcting behavior using positive communication with the student is much more effective than by pointing out flaws in our students' performance. Rather than tell someone that their form is completely wrong; it would be more effective to say that they are doing a great job and you want to show them how to make their form even better. We believe that focusing on "the good" is what creates a relaxing learning environment.

2. Staff

One of the most important objectives when being involved with any school is the teacher that will be working with your child. How much instructor training is required by the Master Instructor? How up to date are the teaching methods? How educated is the instructor on that specific martial art. Our staff is given over 100 hours of quality leadership training each year to ensure that our students are getting the best possible training necessary. Over the years, our staff has worked with children that have A.D.D, children with anger management issues, children whom are overweight, and all children in between. At Pak's Karate Academy, we allow our students to progress at their own pace rather than force them at an overly accelerated level.

3. A Peer Group

When becoming part of a new group, it is always beneficial to you if you are close to the people in and teaching the class. If you and your child like the people there, you both will have more of a reason to come back. Participating in Martial Arts is also a great way to meet new, exciting people and even helps children overcome shyness. It is said that one of the most important issues when participating in an activity are the peers supporting you. When you and your child become part of the Pak's Karate Academy family, you both will feel right at home and make new friends in the classes that your child takes. Everyone is focused on the same goal and is willing to help your child achieve it. Our instructors pride themselves on making a point to know all the students and parents that are part of our Martial Arts family.

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4. Style of Instruction

This refers to the teaching method of the instructors. Do they resemble the teachings of a drill sergeant or a compassionate guide? When you view a class, do you see your child fitting in and feeling comfortable? The most important part of the style is who is teaching it. Pak's Karate Academy leans more towards the path of the compassionate guide, to make sure that our school is for everyone to be a part of. Our Pak's Karate system has blended a form of Martial Arts that is user friendly, safe to learn, provides a great base of fitness and effective protection.

5. Family Oriented Atmosphere

When first joining a new activity, nothing would be better than to have people welcome you and your child and be accepting of who you both are. It would be very intimidating for someone who is not in amazing shape to walk into a Martial Arts school and be surrounded by top athletes and nobody in their situation. One of the first things you will notice upon entering Pak's Karate Academy is the welcoming spirit of our students. Our students are composed of children of all levels of fitness, age and gender.

6. Facility

The studio that your child will be training in should be a well-lit, clean facility, with the proper equipment necessary to make the best of your training. The school should also be odor free, with proper ventilation. Make sure that the school also has sufficient heat for the winter and air conditioning for the summer. At Pak's Karate Academy we provide all of the equipment needed for our students to achieve the most out of their experience with us. We make Pak's Karate feel like a second home to you.

7. Price

Price always plays an important role when making the decision of the proper school for you and your child to join. However, when looking at the price of a school, the value should also be considered. Are you interested in finding the cheapest lessons for your child or do you value an experience of having a martial art professional guiding your child through the physical and mental aspects of a complete Martial Arts program? While paying too much is never advised, beware. When it comes to education involving yourself and your family, often you get what you pay for. Our Pak's Karate Academy facility is organized so that all of our students receive the attention they deserve. The classes we teach are controlled to make sure that we have the proper number of student t teacher ratios.

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8. How does the school continue to stimulate interest?

To make sure that the school continues to stimulate interest, it would be great if the school offered some classes on the side that will teach them skills that they would not learn in the regular class. The school may hold special events periodically to involve the students more often. The structure of the class and the breakdown of the curriculum is an important tool which when organized properly, will keep the students energized and motivated. In addition, Pak's Karate periodically provides opportunities to learn other skills that are students deem useful.

9. Do you feel that the school can help you reach your goals?

Does the school you are choosing meet all of your needs that you desire in a Martial Arts academy? Some schools may teach in a military, competitive style while others teach in a more philosophical way. The approach needs to be a good match for you. The best way to find out if a school is right for you is to try it out. Any professional school should welcome the opportunity to have you test the waters (so to speak), watch classes and/or talk to students. This is the best way to ensure that the particular school is right for you. At Pak's Karate Academy we allow you to come in and meet one on one with one of our teachers to discuss what your goals are for your child. We will also be more than happy to show you how the program works so you will be confident in the choice you make of joining Pak's Karate Academy.

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