



Kid Kick Newsletter

Safety

[seyf-tee] – freedom from the occurrence or risk of injury, danger, or loss.

October can be a fun month, but it can also be one when accidents happen. If you remember the ABCs, you'll remember the most important safety rule – Always Be Careful! The list of safety rules is long, but here are a few you should always remember.

- Use a flashlight and wear light-colored clothing when you go out at night.
- Use battery-operated lights in pumpkins instead of candles.
- Don't wear costumes that are too long or shoes that are too large.
- Never eat your treats until your parent looks at them and says you can.
- Never travel alone; always have an adult with you.
- Never go anywhere with strangers.
- Never go in anyone's house without your parent.
- Use common sense and ask an adult if you are in doubt.

October jokes

Q: What did one autumn leaf say to the other?

A: I'm falling for you

Q: What animal has more lives than the cat?

A: A frog, he croaks every night



Pak's Karate Academy

Bossier City
752-2221

Haughton
949-5675

Minden
377-9009



JACK-O-LANTERN

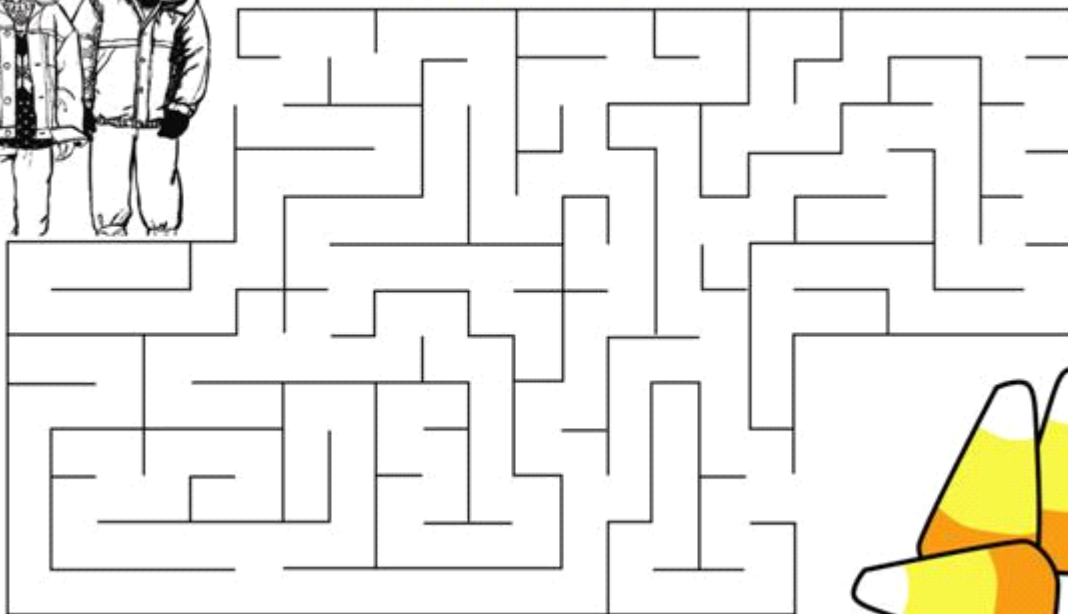


Fall is a time when you can have fun helping carve or paint a pumpkin that is cute, fun, or even scary! Did you know the tradition started in Scotland, where they would carve turnips to resemble the lights that flicker over the peat bogs?

Be safe, and remember that an adult should always do the carving, but you can draw the design or paint the pumpkin. How would you design your favorite pumpkin? If you carve a pumpkin, rinse and save the seeds. Ask an adult to bake them for a fun, healthy treat.



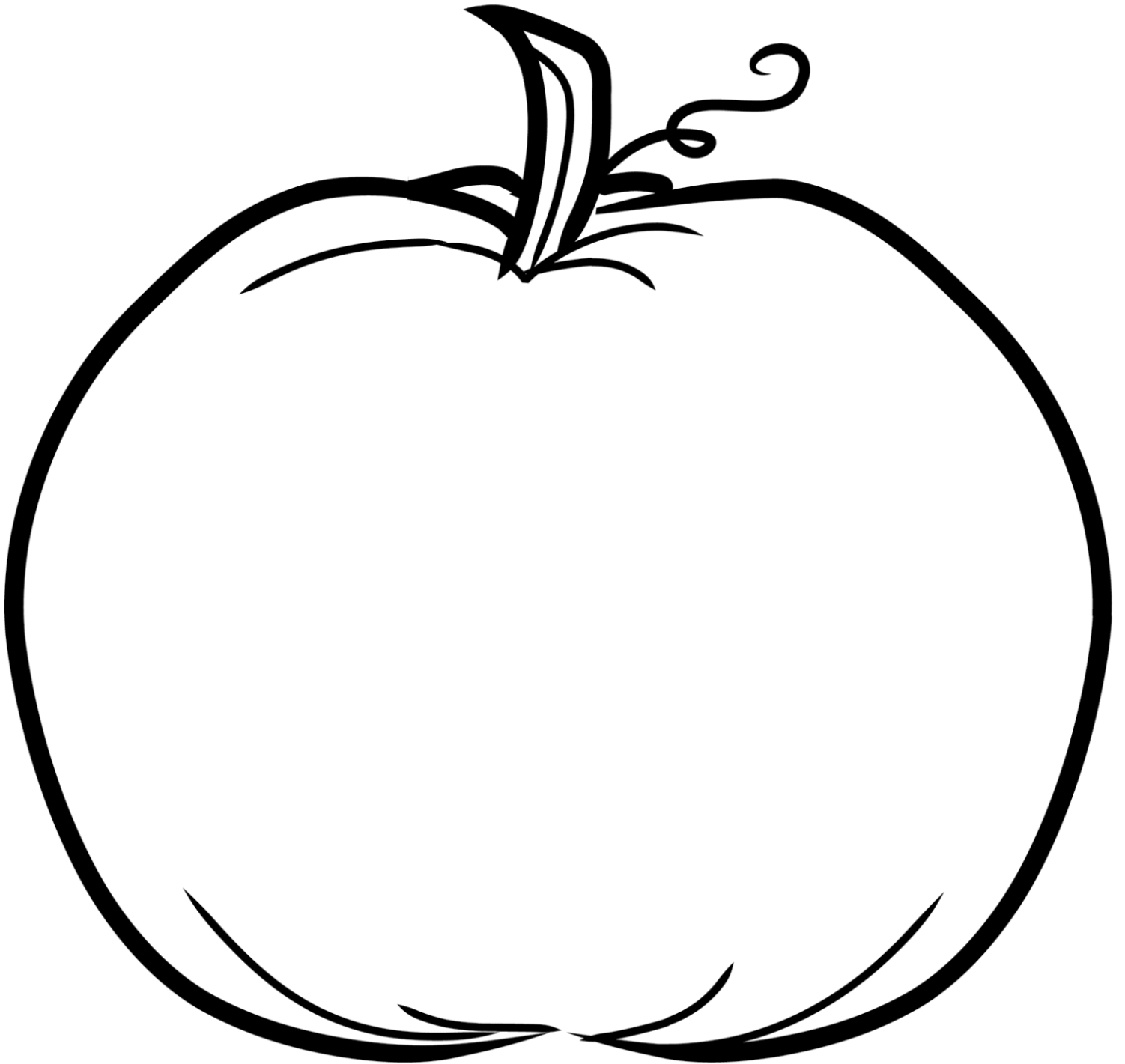
CANDY MAZE



Help the kids safely find their candy.

COLORING FUN!

Design a Jack-O-Lantern.



Word to Remember



Palindrome — [PAL-un-droh-m] noun.

A word, phrase, or sentence, such as “Step on no pets”, or a number, such as “1881”, that reads the same backwards and forwards.

Example: Terry’s favorite palindrome is ‘racecar’, but Shamika likes ‘never odd or even’.

**Wise
quote**

“Safety is as simple as ABC - Always Be Careful.”

Author Unknown

WORD SEARCH

O C T O B E R R A G T M P U T
 T Y L L I H C L P Q A Y O W H
 N H C A N D L E P I E H P I G
 C R G R A K E A L W R E C E I
 F A E I H A R V E S T M O O N
 N O R T L S L E P D R U R T E
 A I O M N H A S I Z O T N E E
 Y U K T E A S U E M K S B K W
 T E T P B L L A Q Y C O A C O
 E V V U M A A O L S I C L A L
 F R G R M U L P K F R C L J L
 A X B V A N P L P C T T O D A
 S C A R E C R O W L A O Y R H
 T A C K C A L B R S E J F G N
 Y D N A C A I P O C U N R O C

Find these fall related words.
 The words can be found going
 vertically, horizontally, diagonally,
 and backwards.

APPLE PIE	HARVEST MOON
AUTUMN	JACKET
BLACK CAT	JACK O LANTERN
CANDLE	LEAVES
CANDY	NIGHT
CARMEL APPLE	OCTOBER
CARVE	POPCORNBALL
CHILLY	PUMPKIN
CORN	RAKE
CORNUCOPIA	SAFETY
COSTUME	SCARECROW
FLASHLIGHT	SQUASH
FOOTBALL	TRICK OR TREAT
HALLOWEEN	