

# Kid Kick Newsletter

## Body Language

— a form of non-verbal communication, which consists of body posture, gestures, facial expressions, and eye movements.

Did you know most of us know a language that is understood by people all around the world? It's called body language. It doesn't matter what words you say if the body language doesn't match. If a friend says he isn't angry with you, but his head is slightly tilted, his arms are crossed, his eyes are squinted, and he's not smiling at you, then you know he's at least a little angry.

Martial arts teaches us to read small body language signals. We learn to observe which shoulder or foot is moving back, to determine if a strike or punch will be thrown, and if so from which side. Martial arts teaches self-defense, including reading body language, because it can help you know whether or not you're in danger. Without using words, how can you show someone you're happy? Body language is a great language to know!

## February Jokes

Do skunks celebrate Valentine's Day?

Sure, they're very scent-imental!

What do you call a happy cowboy?

A jolly rancher!

Where do snowmen go to dance?

A snowball!



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### Pak's Karate Academy

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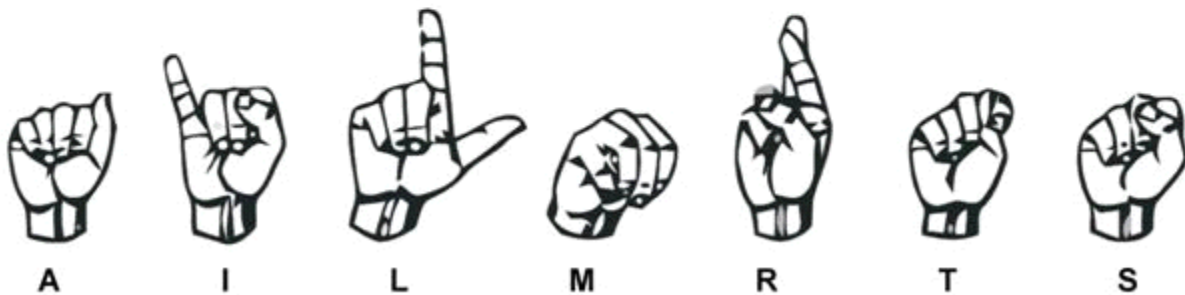
949-5675



# American Sign Language

Did you know sign language has been around for centuries? It was even written about in the fifth century BC! Just like oral languages, there are different sign languages, which cannot be understood by someone who signs another language. Even though people in Great Britain and the United States speak the same language, their sign languages are not understood by each other.

The manual alphabet, or fingerspelling, is used for spelling names and complex words that may not have a sign, but it's also an easy way for hearing people to get a message across. Using the motions below, can you spell MARTIAL ARTS?



## WORD SEARCH

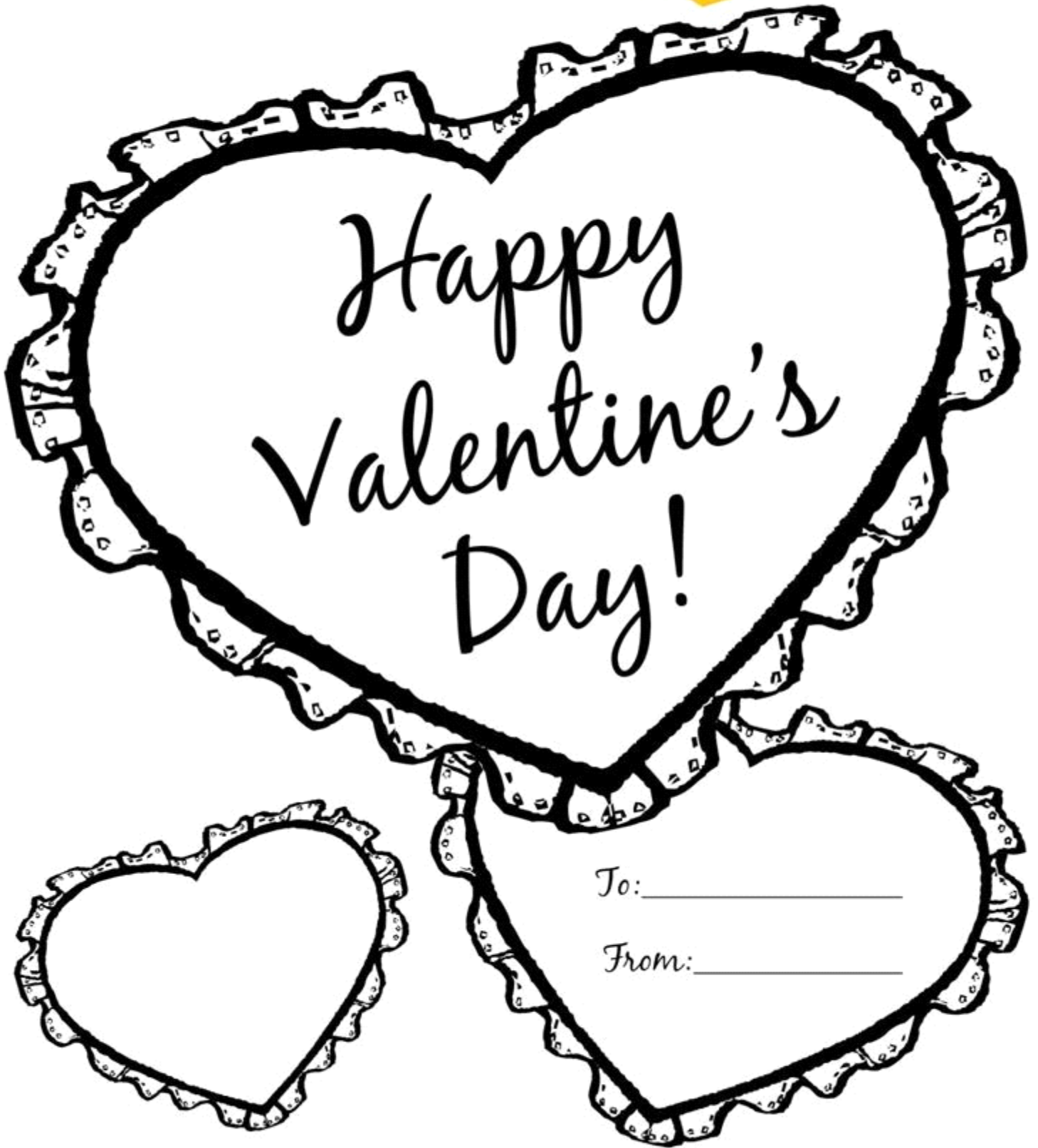
All of the word search words are found in your Kid Kick newsletter. After you find them in the word search, circle them in the newsletter.

- February
- American
- Martial Arts
- Motions
- Crocodile
- Gestures
- Body Language
- Cowboy
- Dance
- Punch
- Foot
- Eye
- Friend
- Animal
- Pretended
- Grandfather
- Noise
- Fable
- Abraham
- Spelling
- Alphabet
- Below

B	R	E	H	T	A	F	D	N	A	R	G	I	C	Y
C	O	W	B	O	Y	E	O	A	D	W	M	D	D	S
S	U	D	G	E	S	T	U	R	E	S	E	F	K	L
T	D	N	Y	I	L	M	A	R	E	D	Z	C	E	X
R	D	T	O	L	H	I	G	S	N	L	S	U	V	G
A	O	N	B	W	A	Y	D	E	T	E	Y	E	Q	H
L	L	N	E	V	M	N	T	O	E	V	R	O	C	P
A	A	L	L	I	E	E	G	O	C	I	A	N	U	E
I	M	S	O	G	R	C	I	U	N	O	U	M	L	L
T	I	H	W	P	I	F	H	O	A	P	R	Z	C	B
R	N	C	S	F	C	Q	X	Q	D	G	B	C	E	A
A	A	L	P	H	A	B	E	T	Z	O	E	H	Q	F
M	O	T	I	O	N	S	X	V	H	G	F	O	O	T
M	A	H	A	R	B	A	S	P	E	L	L	I	N	G

Color and give to your Valentine.

**COLORING FUN!**



# Word to Remember



**Crocodile Tears** — [krok-uh-dahyl] [teers]  
pretended tears or sorrow.

**Example:** We knew Mom didn't like us playing video games. She was only crying crocodile tears when she said she was sorry our game had broken.

Where did we get the term? An ancient fable tells of the crocodile's habit of crying while eating its prey. Of course, a crocodile is not really sorry for killing and eating another animal because that's how it survives. So when someone is said to shed "crocodile tears," it refers to a show of pretended sorrow, usually by someone who has done something cruel.

## Wise quote

*"I don't know who my grandfather was; I'm much more concerned to know what his grandson will be."*

— Abraham Lincoln

## NUMBER MAZE

Follow the numbers through the maze to get your Valentine in the mailbox.

			2	3	4	19	20	21	22	23		
			1	6	5	18	17	30	29	24	25	
			8	7	12	13	16	31	28	27	26	
64	63	62	9	10	11	14	15	32	37	38	39	
65	66	61	54	53	52	51	50	33	36	41	40	
68	67	60	55	56	87	88	49	34	35	42	43	
69	70	59	58	57	86	89	48	47	46	45	44	
72	71	78	79	84	85	90	91	92				
73	74	77	80	83	96	95	94	93				
	75	76	81	82	97	98	99	100				

