



Kid Kick Newsletter

Vision

— a thought, concept, or object formed by the imagination.

Many times, we set goals without even realizing that's what we're doing. Have you ever thought about getting an 'A' in math or nailing a complicated technique in martial arts? You knew how excited you would be when it happened. You dreamed about it. You thought about it every time you were in class. Guess what? You had a vision to reach a goal.

You're not the only one who does it. Adults and youth use this visualizing technique to reach many of their goals. You have to see the end result in your head to stay motivated as you put forth 100% effort to get there. Some goals are easier to reach than others, so if you really want to get there, keep seeing the goal!

January Jokes

1. **Teacher:** Can you give me an example of wasted energy?

Willy: Yes ma'am, telling a hair-raising story to a bald-headed man!

2. **Two muffins were sitting in the oven.**

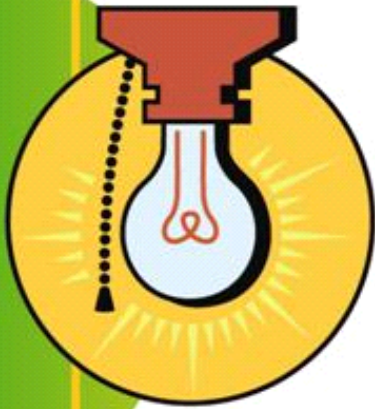
One turns to the other and says,
"Wow, it's hot in here!"

The other muffin says,
"Whoa! A talking muffin!!!"



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Benjamin Franklin's Electric Personality

What do the words battery, charge, condenser, conductor, plus, minus, positively, and negatively have in common? Would you believe Benjamin Franklin? Franklin, who was born in Boston on January 17, 1706, is famous for many things. In Philadelphia, he started the first volunteer fire department and a subscription-based library. He was a printer, philosopher,

statesperson, and inventor of the Franklin stove, bifocals, lightning rod, and even swim fins! What he didn't invent was electricity.

Many people say he invented electricity by flying a kite. We've always had electricity; his kite experiment actually verified the nature of electricity and lightning. Before his experiment, it was thought electricity came from two opposing forces, but after the experiment, he showed it came from a common element, which he named "electric fire." In writing about electricity, he didn't have a vocabulary to describe it, so he had to come up with terms and definitions. Battery, charge, condenser, conductor, plus, minus, positively, and negatively are still terms used today.

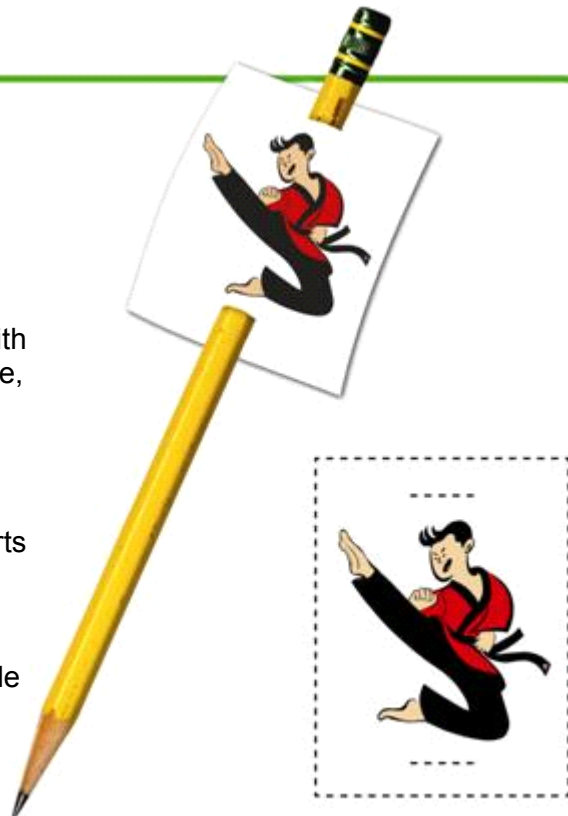


Martial Arts Pencil Topper

Create your own martial arts pencil topper! Have an adult help you cut along the outer rectangle with dotted lines. Then, softly fold the topper lengthwise, without making a hard crease, and clip along the dotted slits at the top and bottom of the topper.

Now, simply slide your favorite pencil through the slits and enjoy showing off your rocking martial arts pencil topper to your friends!

***Note:** You can create more pencil toppers with your own art! Make sure to draw inside a rectangle 1.5" wide and 2" tall and repeat the same cutting process as indicated above. Have fun!



Color the martial artist.

COLORING FUN!





Word to Remember

Graupel — (noun) \GROW-pul (the “OW” as in “cow”)
Granular snow pellets; also called ‘soft hail’.

Example: Meteorologists classify frozen precipitation into seven types of snow crystals and three types of particles, including graupel, sleet, and hail.

Guess which word is not a name for snow?

A. Skift — B. Neve — C. Corn — D. Pulse

Some names for the various forms of the winter white stuff include sleet, powder, and slush. Some of the less common names are listed above, except D. “Skift” is a light snowfall; “neve”, also known as “firn”, is the partially compacted granular snow that forms the surface part of the upper end of a glacier; “corn”, or “corn snow”, is granular snow formed by alternate thawing and freezing.

Wise
quote

“Never confuse motion with action.”

— Benjamin Franklin

Winter Maze

Help the group find their way down the toboggan hill!

